

WELCOME TO THE RECREATIONAL CENTERS OF

## Playa Vista

# REGISTER FOR PLAYALINK

Stay up-to-date on what's  
happening in the community.

Sign up for playalink at  
[playalink.playavista.com](http://playalink.playavista.com)

## FREE GROUP FITNESS CLASSES

Join us for our fun and dynamic  
fitness classes! We offer a  
variety of classes for our  
residents.

## FREE ASSESSMENT

Sign up today with one of our  
trainers to bring you one step  
closer to you goals. Get a FREE  
assessment and let us help you  
hit your fitness goal



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## FITNESS CENTER HOURS

### **Mon- Thurs**

5am - 10pm

### **Friday**

5am- 8pm

### **Sat & Sun**

6am - 7pm

- Group exercise classes
- Personal training
- Nutrition & life coaching
- Wellness programming
- Community events
- Fun programming for children and adults
- 5 pools for the whole family to enjoy!
- Dance classes, cooking classes & much more

## ABOUT US

Elevation Corporate Health provides health, fitness, and wellness solutions to keep your clients happy, healthy, and active.

Our job is to meet individuals where they are and to motivate them to take action.

It is our utmost goal to foster open and honest relationships with all of our employees and clients to help our clients be the healthiest organization possible.

**FREE PERSONAL  
TRAINING GIVEAWAY**

for more information, email  
[playavistaresort@gmail.com](mailto:playavistaresort@gmail.com) or  
call (310) 437-6070

**FREE ACCESS TO FITNESS  
CENTERS AND POOLS AT YOUR  
CONVENIENCE**

**KEEP IN TOUCH AND FOLLOW  
US ON SOCIAL MEDIA**



@THEPLAYAVISTARESORT



@PVRESORT



@PLAYAVISTARESORT